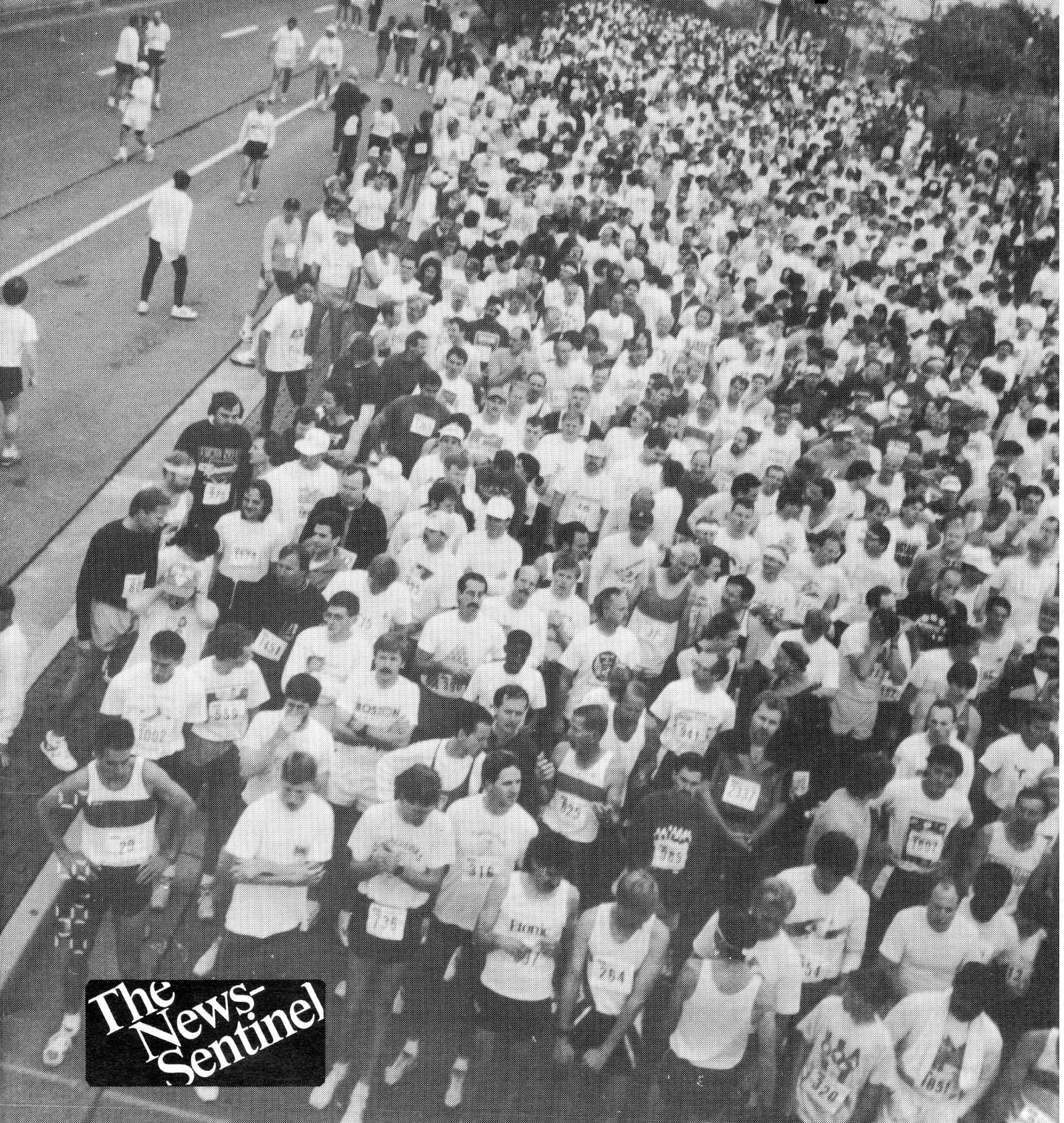


KNOXVILLE
EXPO 1000

EXPO 10,000



The
News-
Sentinel

Dear EXPO '92 Participant,

The rain stopped, the temperature was a cool 50 degrees, and 1870 of you signed up for the EXPO 10-K and Two Mile Mayor's walk.

On behalf of the Knoxville News-Sentinel, the Knoxville Track Club, Roddy Coca-Cola, WBIR, WEZK, Northwest Airlines, Sports Unlimited, and a host of other fine sponsors, I'd like to send you my best wishes for participating in this year's 15th annual running of EXPO.

Whether you ran, walked, jogged, or as in the case of Phillip Wells pushed a wheelchair, I hope the morning of May 9th was a memorable one for you.

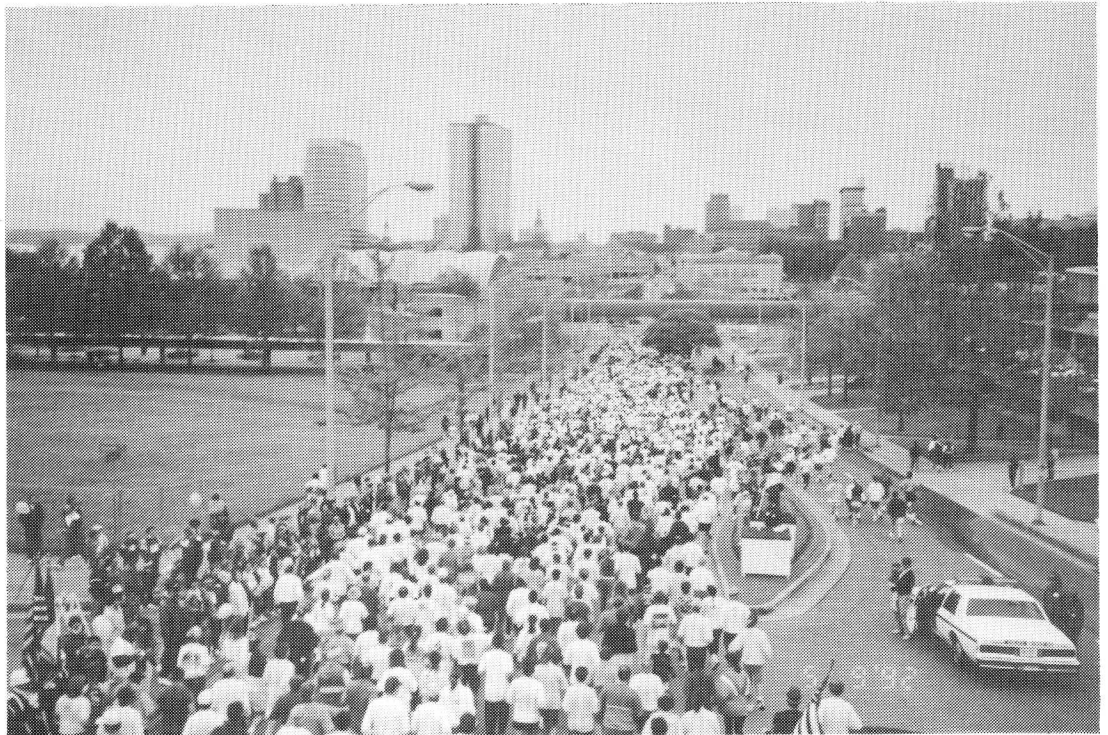
A great coordinated effort by KTC volunteers, the Knoxville Police, Fire, and Traffic Engineering Departments, the Mayor's office, and the Amateur Radio Club of Knoxville helped to make EXPO a reality and provide you a safe route through downtown Knoxville.

I welcome your comments about the race and extend an invitation to you to run with us in other upcoming KTC races as well as May 8 for EXPO '93.

Cordially,

Allan Morgan

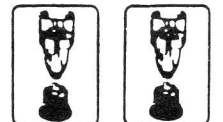
Allan Morgan
Race Director



The Way We All Began



Roddy Coca-Cola Bottling Company, Inc.



The Trophy Shop, Inc.
Johnson City

Kane locks up her fifth Expo crown

Tolson turns back pain to take first among 1,375 race finishers

By Gary Lundy
News-Sentinel sportswriter

Missy Kane edged Missy Alston by one second to win the women's title in Saturday's 15th annual News-Sentinel Expo 10,000 in downtown Knoxville.

To put it another way, Kane's only competition was herself.

With a time of 36:36, the 36-year-old Knoxville native won an unprecedented

fifth women's Expo crown, 11 years after winning her first race in 36:37 when her name was Alston.

Kane, UT women's track assistant and mother of a 20-month-old daughter, was competing in Expo for the first time since winning the women's division in 1985. She also captured three

consecutive races from 1981-83 and etched her name in the record book again Saturday by far outdistancing runnerup Francee Laywell of Memphis, who finished in 38:13.

The overall and men's winner was former University of Tennessee track star Doug Tolson, 30, who crossed the finish line in 31:05. He was about 150 yards ahead of John Young (31:31), runnerup for the third consecutive year in the race that 1,375 runners finished.

Both Kane and Tolson ignored the cold weather and ran through nagging pain to win. The temperature at the start of the race

was 44 degrees.

"I have a slight stress fracture in my left foot, but as odd as it sounds it hurts more to walk on it than to run," said Kane, who was 31st overall.

"Last year I was commentator for Channel 10 and I was riding in the camera truck. I had just started running again about two months earlier and remember thinking 'Boy I wish I was out there running.' I decided to race this year, and I ran with the UT girls about every other day."

A former Lady Vol standout, Valerie Bertrand, finished third in 38:18. The winner said she never looks back during a race to see if anybody is gaining on her.

"I wanted to run a good pace, but with Valerie back

there I kept telling myself to hold something back in case I needed it at the end," said Kane, a member of the 1984 U.S. Olympic team.

"I didn't feel like I was dying at the end; I still had some left. Going into the race I thought if I could run a six-minute pace I would be pleased. I ran a little faster than that."

Kane's career best winning time was 34:32 in the 1983 and '85 races. The women's record is 34:12 set by Teresa Ornduff in 1989.

Tolson's overall winning time



Patrick Murphy-Racey/News-Sentinel staff
Winner Doug Tolson got a good run for his money.

Continued from page C-1

of 31:05 was the third slowest in 15 Expos, but still much faster than Craig Thompson's 32:40 in 1991.

"I got a pretty bad cramp in my side at about three miles and that lasted until the end of the race and hampered my breathing some," said Tolson, who ran for UT from 1980-85.

"I ran a 29:59 two weeks ago in Memphis, and I expected I could come close to that, but it didn't happen. The cool weather didn't really bother me because I'm originally from Michigan.

"I've been battling a knee injury (tendinitis) the last three months, and I've been running only 50 or 60 miles instead of 90 or 100. I felt a twinge in my knee during the race and it kind of scared me but it went away."

It was Tolson's first Expo since he returned to Knoxville in 1989 after spending several years in Texas. He lives in Powell and is working part-time for a real estate company. He plans to finish his degree in mathematics at UT this summer.

"I just started racing again two months ago," he

"I'm pretty competitive, and if I can't go out and have a chance of winning, I don't want to run at all."

Doug Tolson
overall winner

said. "I'm pretty competitive, and if I can't go out and have a chance of winning, I don't want to run at all."

Young, 29, said he wasn't bothered by his third consecutive second-place finish. He won in 1989.

"Doug threw in a surge right before we got to the bridge and he broke away from me," Young said.

"I stayed about the same distance from him the rest of the way, but I was never able to catch back up with him."

Chad Varga of Johnson City was third in 32:02 and Bobby Glenn of Knoxville was fourth in 32:25.

NOTEBOOK: Cham Johnston III, 12, had a strong performance in the 10-14 age division, winning in 37:57. Johnston finished ahead of every woman in the race except Kane. He was 48th overall. . . . Daniel Bolin, 9, won the youngest age group (9-under) in 48:05. Bolin, a third-grader, was paced by his 11-year-old brother, Lige. . . . The city fire department runners beat the city police for the eighth time in nine years. Lloyd Smith, Kenneth Maiden, Glenn McCarter, Mark Morris and Gary West were the top runners for the fire department.

OPEN DIVISION RESULTS					
Male Overall		Female Overall			
Pic	OP Name, Age	Time	Pic	OP Name, Age	Time
1	Doug E Tolson, 30	31:05	1	Missy Kane, 36	36:36
2	John W Young, 29	31:31	2	Francee Laywell, 30	38:13
3	Chad Varga, 33	32:02	3	Valerie C Bertrand, 24	38:18
4	Bobby Glenn, 30	32:25	4	Emily D Bryant, 24	38:32
5	Eric D Laywell, 27	32:30	5	Sherrie K Bowers, 34	39:09
6	Raymond M Farmer, 23	32:32	6	Mary Preisel, 45	40:08
7	Richard Ferguson, 33	32:43	7	Denise Dillon, 28	40:10
8	Scott R King, 32	32:53	8	Sandra L Stark, 38	41:37
9	Bill R Rule, 23	32:56	9	Janet Easterday, 26	41:47
10	Mark Hostetter, 19	33:17	10	165 Paige Runst	41:47
Male Masters		Female Masters			
Pic	OP Name, Age	Time	Pic	OP Name, Age	Time
1	Barron S Littlefield, 40	34:07	1	111 Mary Preisel, 45	40:08
2	Guy S Giles, 40	35:02	2	221 Ginny Laete, 43	43:01
3	Jeff Christian, 40	35:27	3	303 Ginger Truesdel, 43	44:26
Male Grand Masters		Female Grand Masters			
Pic	OP Name, Age	Time	Pic	OP Name, Age	Time
1	43 Sam Stone, 53	37:41	1	1326 Martie Ulmer, 50	44:56

Please see EXPO, page C11

Ex-Vol now lives life on run

By Gary Lundy
News-Sentinel sportswriter

Mike Stratton began running when he was playing football at the University of Tennessee in the early 1960s.

It wasn't his idea. It was Bowden Wyatt's.

"Coach Wyatt was the head coach, and when three or four of us got in trouble for cutting class, we had to answer to him," Stratton said. "As punishment he made us get up at 6 a.m. and run about three miles around the track at Shields-Watkins Field.

"We worked up a pretty good appetite that way and we really, really liked breakfast. When we

Fitness convert Stratton ready to race in '92 Expo 10,000

finished running we'd go to the training table and each one of us put away about a dozen eggs and a pound of bacon.

"This went on for three or four days until coach Wyatt finally came to us and said, 'We can't afford to feed you anymore. You guys are eating everything in sight.' That was the end of the running."

That was pretty much the ex-

tent of the running experience Stratton had until 15 years ago when a couple of buddies dared him to run in the first Expo 10,000 road race. Since then the National Football League linebacker (1962-73), has been running regularly several times a week and has participated in all but one Expo. The 15th annual News-Sentinel Expo is Saturday.

"About a month before the

first Expo I had four friends who challenged me to run," said Stratton, 51-year-old Knoxville business consultant who is featured in this month's issue of *Runner's World*.

"The agreement was that all of us would meet at the race. That morning I looked for them and not a dang one showed up to run. A couple of them did show up for the refreshments after the race."

Stratton had never run more than a mile or two at a time. The only running he did after college was each year before NFL training camps started.

"They would time us in the mile at camp, and you would have to run it under a certain time," he said. "So every year I did a little running for that, but I had never run as far as a 10K. After the first Expo, I started on a regular schedule.

"It started out as something to help control weight gains. I don't have a lot of willpower when it comes to eating, and the exercise would allow me to eat normally and not gain as much weight. After about a year running became something I enjoyed. I would do it after work and it became a time you could relieve stress and get your mind cleared."

Lately, Stratton has been running about 30 miles a week. He likes best to run when the weather is cold. One of his favorite routes is a road beside a river in Tellico Plains, where he grew up.

His times in the 6.2 mile race have ranged from 47:30 to 51 minutes and his goal this year is to finish under 50 minutes.

Expo participation helps speed recovery for transplant patient

By Gary Lundy
News-Sentinel sportswriter

Talk about a quick recovery.

Three weeks ago today, Brenda Wentworth underwent a seven-hour liver transplant operation at Vanderbilt Hospital.

This Saturday, she plans to participate in the Expo 10,000 2-mile walk in Knoxville. The walk follows the 10,000-meter road race, which begins at 8 a.m.

"The doctors said Brenda has bounced back sooner than anybody they've had down there," said Chuck Fritts, Wentworth's brother.

"They said the average stay is six to eight weeks. Of course, they won't let her run but she is determined to come and walk. She is staying near the hospital in a halfway house for transplant patients. If she continues to make progress, they are going to let her come home for the weekend."

Wentworth, 39, lives in Claxton and is a secretary at Edgemoor Baptist Church. She was diagnosed with liver disease 18 years ago. She moved to the top of the transplant list earlier this year and was notified when an organ became available from an anonymous donor from Chattanooga.

Doctors attribute her short recuperation period to the condition she was in because of running.

Her brother and sister-in-law, Debbie Fritts, are two of the family members who will participate in the Expo walk. Wentworth's mother, Dorothy Brown, and two nieces, Leah and Rachel, will also be there. So will Matthew Fritts, 10, who is Wentworth's regular running partner.

"We always go to the races and support Brenda," Debbie Fritts said. "She's an amazing woman. In fact, she was going to participate in a walk in Nashville with her surgeon just nine days after her surgery. But her temperature went up and she couldn't go.

Wentworth let her family know she wanted to participate in the Expo walk. Her brother took care of pre-registration earlier this week.

"I'm going to take a wheelchair just in case she gets tired but knowing how strong-willed and determined Brenda is she probably won't use it," he said.

LATE REGISTRATION: Those who failed to register for Expo have one last chance to enter the 6.2-mile road race or 2-mile walk. Applications will be accepted at Sports Unlimited and the Hyatt Regency from 10-7 Friday. The late fee is \$15.

Runner falls, picks self up for Expo run

By Gary Lundy
News-Sentinel sportswriter

Allen Etheridge went from being an all-state runner to an altered-state runner.

Substance abuse took its toll. Four years after graduating from Oak Ridge High School in 1984, he hit bottom.

"The only time I ran in the Expo 10,000 was in 1988 after smoking two packs of cigarettes and getting drunk the night before the race," he said. "I think I waddled more than I ran that day.

"When I took a fall, I fell all the way. Two weeks after that race, I went into treatment."

This morning, Etheridge, 26, will be back at the starting line at 8 o'clock for the start of the 15th annual News-Sentinel Expo 10,000. With the help of his wife, Suzanne, and his parents, he has turned his life around.

He has been in recovery for four years and is in the best shape of his life. He runs 60 to 65 miles a week and his goal is to finish in the top 10 in today's race. This spring, he has won two races — the Green Ways 5K at Tyson Park and the Spring Sprint 5K at Maryville. He would like to break the 33-minute mark in Expo.

"If you are going to quit drugs, drinking, and smoking, you are essentially saying you want to live longer," he said. "What I can say to other recovering people is that it's really important to take care of your body. That has made a huge difference in how I have felt emotionally.

"I'm a lot happier."

Etheridge is majoring in English at the University of Tennessee and plans to attend graduate school. He says running reduces stress and clears his mind.

"The difference in the way I feel is like night and day," he said. "I'm 40 pounds lighter than when I started running a little over a year ago. I had been a pretty good runner in high school, making all-state my senior year. I ran for a year in college at Sewanee, and I wanted to get back to it. Finally I did."

His comeback began in earnest in April 1991. He started by running every other day for two months. After six months he was up to 50 miles a week and pushed on to 60.

"It feels great to be back at this level," he said. "I'm running with a lot of guys from the Knoxville Track Club and they've been super."

LAST-MINUTE DETAILS: Runners who do not have their numbers should report to the start-finish area on Church Avenue by 7 a.m. Parking is available in the Coliseum parking garage on Hill Avenue. Knoxville Track Club officials expect about 1,800 participants in the 10K and 2-mile fun walk.

The News-Sentinel



15TH ANNUAL NEWS-SENTINEL
Expo 10,000
Knoxville, Tennessee

1992 Overall, Master's, and Grandmaster's EXPO Winners



15TH ANNUAL NEWS-SENTINEL
Expo 10,000
Knoxville, Tennessee

1978-1992

These Folks Have Run All 15 EXPOs



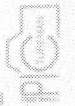
1992 Female Age Division Award Winners

15TH ANNUAL NEWS-SENTINEL
Expo 10,000
Knoxville, Tennessee



1992 Male Age Division Award Winners

15TH ANNUAL NEWS-SENTINEL
Expo 10,000
Knoxville, Tennessee



AGE GROUP RESULTS

Male 1-9

Pic OP Name, Age	Time
1 524 Daniel H Bolin, 9	48:05
2 877 Matthew I Smith, 9	53:47
3 1159 Chris Walker, 9	59:47
4 1201 Ryan Dabbs, 9	1:00:51
5 1289 Bradley S Huffaker, 9	1:05:58

Male 10-14

Pic OP Name, Age	Time
1 48 Cham R Johnston III, 12	37:57
2 125 Bobby Joe Adams, 11	40:42
3 146 Ryan Piersant, 13	41:17
4 226 Robbie Haley, 13	43:07
5 252 Nicholas E Poore, 13	43:41

Male 15-19

Pic OP Name, Age	Time
1 20 Chris Outlaw, 18	35:01
2 89 Scott G. Putnam, 19	39:31
3 99 Cheng W Tan, 18	39:47
4 118 Tyke G Hillmer, 17	40:26
5 119 Kevin D Buchanan, 17	40:32

Male 20-24

Pic OP Name, Age	Time
1 17 ED Wright, 20	34:06
2 26 Brad B Lance, 20	36:06
3 38 Bradley D Brown, 20	37:20
4 51 William L Maxson, 20	38:07
5 52 David Madgett, 24	38:08

Male 25-29

Pic OP Name, Age	Time
1 11 Jonas T Holdeman III, 27	33:20
2 12 Allen Etheridge, 29	33:20
3 14 Brad S Robinson, 29	33:39
4 22 Philip E Vogel, 29	35:23
5 24 Edward G Schaub, 29	35:30

Male 30-34

Pic OP Name, Age	Time
1 13 Greg C Johnson, 33	33:31
2 15 Anthony Span, 32	33:50
3 16 Richard F Barrett, 32	33:53
4 30 Dennis B Miller, 30	36:26
5 49 Brad S Campbell, 32	38:00

Male 35-39

Pic OP Name, Age	Time
1 19 James E Brown, 38	34:52
2 27 Ashley H Sullivan, 37	36:14
3 35 Rick Hicks, 36	37:03
4 36 John-Michael Goolsby, 37	37:08
5 45 Ben Foard, 36	37:45

Male 40-44

Pic OP Name, Age	Time
1 28 Turner Howard III, 44	36:19
2 29 Glen E Farr, 42	36:25
3 32 Steve Ferguson, 44	36:39
4 33 Michael R Delisle, 42	36:52
5 41 Sherman Ames, 40	37:36

Male 45-49

Pic OP Name, Age	Time
1 25 Butch Sherrod, 45	35:34
2 34 A J Toups, 45	36:53
3 42 Giz A Youngerman, 45	37:40
4 46 Jim W Meade, 46	37:48
5 71 Mike McCubbin, 46	39:08

Male 50-54

Pic OP Name, Age	Time
1 98 Royce O Sayer, 51	39:45
2 107 Joe M Gross, 52	40:02
3 135 Charles D Montgomery, 54	41:02
4 204 Lowell A Charlton, 52	42:36
5 235 Gerry B Rose, 51	43:20



Female 1-9

Pic OP Name, Age	Time
1 1322 Rebecca M Reynolds, 9	1:10:50
2 1328 Katie T Reynolds, 7	1:11:02
3 1345 Jessica E Andrews, 9	1:16:11

Female 10-14

Pic OP Name, Age	Time
1 490 Veronica M Ramsey, 12	47:42
2 676 Elli K Bonnett, 13	50:15
3 690 Ashley M Martin, 12	50:28
4 1143 Jennifer A Adams, 13	59:14
5 1169 Lauren E Sternberg, 11	59:58

Female 15-19

Pic OP Name, Age	Time
1 308 Renee Didier, 19	44:31
2 381 Becky K Mills, 18	45:46
3 603 Julie Edwards, 17	49:09
4 665 Jennifer A Whitehead, 15	50:03
5 811 Jennifer M Greene, 15	52:28

Female 20-24

Pic OP Name, Age	Time
1 165 Page Kunst, 22	41:48
2 320 Cindy M Novack, 24	44:49
3 349 Jill Ann McNutt, 22	45:19
4 486 Jenny Nichols, 21	47:41
5 506 Jennifer A Sohm, 20	47:53

Female 25-29

Pic OP Name, Age	Time
1 203 Kathy R Perez, 26	42:36
2 232 Ann Bertucci, 27	43:19
3 233 Susan P Baker, 26	43:19
4 244 Nichole B Young, 25	43:31
5 299 Allison Fell, 25	44:22

Female 30-34

Pic OP Name, Age	Time
1 168 Beth L. Hutchinson, 31	41:51
2 214 Rhonnda S Cloinger, 30	42:46
3 297 Carol A Costello, 33	44:20
4 345 Lynn M Sims, 31	45:14
5 354 Sandra D Grice, 32	45:24

Female 35-39

Pic OP Name, Age	Time
1 182 Charlynn Maxwell-Port, 36	42:16
2 296 Kristin K Baksa, 37	44:20
3 360 Kristy L Newton, 39	45:28
4 366 Anne F Hawkins, 36	45:33
5 426 Betty T Schohl, 38	46:42

Female 40-44

Pic OP Name, Age	Time
1 375 Sue R Leggett, 42	45:38
2 456 Julia B Huster, 44	47:18
3 465 Helene R Tippitt, 42	47:22
4 532 Jane E Gaby, 40	48:09
5 549 Suzanne Stone, 44	48:26

Male 55-59

Pic OP Name, Age	Time
1 153 Stu Eichel, 59	41:26
2 170 Dean A Waters, 56	41:54
3 264 Charlie H Engle, 55	43:53
4 298 Daniel J Lawson, 56	44:21
5 312 George T Parker, 55	44:39

Male 60-64

Pic OP Name, Age	Time
1 255 Chuck Boston, 63	43:44
2 262 James R Morton, 64	43:51
3 282 Alan C England, 60	44:07
4 377 John B Burroughs, 60	45:41
5 458 Sam F Fowler Jr., 63	47:19

Male 65-69

Pic OP Name, Age	Time
1 1370 Jim Reddick, 65	1:33:05

Male 70-99

Pic OP Name, Age	Time
1 576 Edward L Nicholson, 70	48:47
2 970 Willie O S Duncan, 73	55:38
3 1107 John M Smartt, 73	58:12
4 1124 Chester S Morgan, 70	58:40
5 1161 Walter F Collins, 74	59:48

Expo

Team results

- CTI 1 (31:31 40:50 41:12) = 1:53:33 John W Young, Mike E Karnes, Henry M Dent.
- ALCOA (39:10 39:11 40:34) = 1:58:55 William B Steverson, Gene Phelps, Reginald L Coles.
- BECHTEL (42:20 42:30 45:14) = 2:10:04 Nick Perry, Jeff W Sims, Lynn M Sims.
- KUB (39:59 43:55 47:22) = 2:11:16 Chuck E Anderton, Mark W Kenner, Helene R Tippitt.
- NUCLEUS KNOXVLE (40:44 43:24 48:54) = 2:13:02 John B Waters, Christopher A Hall, David F Buckingham.

Father-Daughter

- (45:12 50:28) = 1:35:40 David Martin 41, Ashley M Martin 12
- (49:47 50:15) = 1:40:02 Ronald G Bonnett 50, Elli K Bonnett 13
- (49:09 52:46) = 1:41:55 Julie Edwards 17, Mike Edwards 42
- (52:28 52:29) = 1:44:57 Jennifer M Greene 15, David L Greene 42
- (59:54 59:56) = 1:59:50 Meredith A McMurry 25, Joseph S McMurry 61

Father-Son

- (39:58 40:42) = 1:20:40 Brint A Adams 42, Bobby Joe Adams 11
- (41:20 47:47) = 1:29:07 Christopher W Lorton 24, Dan W Holbrook 44
- (43:59 47:08) = 1:31:07 Jack B Woodrick 31, Bill E Woodrick 56
- (40:23 52:43) = 1:33:06 Mark L Granger 29, Ben P Granger 60
- (46:14 47:15) = 1:33:29 Jeremy N Napier 17, Tim N Napier 41

Female 45-49

Pic OP Name, Age	Time
1 408 Helen Phelps, 46	46:19
2 415 Linda C Mize, 45	46:31
3 509 Linda S Preston, 45	47:55
4 794 Barbara D Winters, 49	52:11
5 852 Janice P Watkins, 48	53:10

Female 50-54

Pic OP Name, Age	Time
1 703 Patti J Reeca, 54	50:46
2 1089 Anne M Sayer, 51	57:51
3 1211 Vim Silvus, 52	1:01:12
4 1258 Thera E Carr, 54	1:03:16
5 1276 Kathleen N Bone, 54	1:04:54

Female 55-59

Pic OP Name, Age	Time
1 407 Wendy England, 59	46:20
2 1188 Virginia Austin, 59	1:00:18
3 1189 Nancy M Ware, 55	1:00:21
4 1348 Marguerite Watkins, 58	1:21:27

Female 60-64

Pic OP Name, Age	Time
1 1375 Marjorie S McLean, 62	2:00:00

Female 65-69

Pic OP Name, Age	Time
1 1364 Barbara L Newton, 66	1:28:51

Husband-Wife

- (32:30 38:13) = 1:10:43 Eric D Laywell 27, Franee Laywell 30
- (39:11 46:19) = 1:25:30 Gene Phelps 48, Helen Phelps 46
- (42:30 45:14) = 1:27:44 Jeff W Sims 33, Lynn M Sims 31
- (44:07 46:20) = 1:30:27 Alan C England 60, Wendy England 59
- (42:45 48:12) = 1:30:57 Alan W Collins 37, Brenda K Collins 36

Mother-Daughter

- (70:50 70:51) = 2:21:41 Rebecca M Reynolds 9, Martha M Reynolds 35

Mother-Son

- (44:44 47:55) = 1:32:39 Tom Austin 15, Linda S Preston 45
- (51:19 52:48) = 1:44:07 Sherry S Shelton 38, Will Shelton 10
- (56:13 62:47) = 1:59:00 Marcus S McGee 13, Wanda K McGee 39
- (74:07 97:15) = 2:51:22 Jason Horton 11, Peggy J Campbell 31

Over 200 lbs.

- Rick D Hessler 40:08
- Tom Wilson 40:40
- Robert A Hawsey 42:28
- Tim Large 42:44
- Marcus R Osborne 43:17

Wheelchair

- Phillip L Wells, 29, M, Chatt. 49:24



Listing includes overall finish, age-group finish, sex, age, name and time. Top 10 overall, top three masters and top grand master finishers are not included in age group results:

1	M	30	Doug E Tolson	31:06
2	M	29	John W Young	31:31
3	M	33	Chad Varga	32:02
4	M	30	Bobby Glenn	32:25
5	M	27	Eric D Laywell	32:30
6	M	23	Raymond M Farmer	32:32
7	M	33	Richard Ferguson	32:43
8	M	32	Scott R King	32:53
9	M	23	Bill R Rule	32:56
10	M	19	Mark Hostetter	33:17
11	M	27	Jonas T Holdeman III	33:20
12	M	26	Allen Etheridge	33:20
13	M	33	Greg C Johnson	33:31
14	M	29	Brad S Robinson	33:39
15	M	32	Anthony Span	33:50
16	M	32	Richard F Barrett	33:53
17	M	20	ED Wright	34:06
18	M	40	Barron S Littlefield	34:07
19	M	38	James E Brown	34:52
20	M	18	Chris Outlaw	35:01
21	M	40	Guy S Giles	35:02
22	M	29	Phillip E Vogel	35:23
23	M	40	Jeff Christian	35:27
24	M	29	Edward G Schaub	35:30
25	M	45	Butch Sherrod	35:34
26	M	20	Brad B Lance	36:06
27	M	37	Ashley H Sullivan	36:14
28	M	44	Turner Howard III	36:19
29	M	42	Glen E Farr	36:25
30	M	30	Dennis B Miller	36:26
31	F	36	Missy Kane	36:36
32	M	44	Steve Ferguson	36:39
33	M	42	Michael R DeLisle	36:52
34	M	45	A J Toups	36:53
35	M	36	Rick Hicks	37:03
36	M	37	John-Michael Goolsby	37:08
37	M	27	Mike D Holmes	37:17
38	M	20	Bradley D Brown	37:20
39	M	28	Herbert R Collins	37:31
40	M	28	Kenny Hines	37:35
41	M	40	Sherman Ames	37:36
42	M	45	Giz A Youngerman	37:40
43	M	53	Sam Stone	37:41
44	M	25	Brian K Swall	37:43
45	M	36	Ben Foard	37:45
46	M	46	Jim W Meade	37:48
47	M	36	Ronald R Coleman	37:53
48	M	12	Cham R Johnston III	37:57
49	M	32	Brad S Campbell	38:00
50	M	27	David R Word	38:00
51	M	20	William L Maxson	38:07
52	M	24	David Madgett	38:08
53	M	42	Brian L Hilyard	38:10
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55	F	30	Franee Laywell	38:13
56	F	24	Valerie C Bertrand	38:18
57	M	42	James M Carter	38:19
58	M	36	Kevin P Brown	38:21
59	M	43	Ed LeVesque	38:30
60	F	24	Emily D'Bryant	38:32
61	M	42	John C Habel	38:33
62	M	35	Andy Rowan	38:48
63	M	42	Terry L Braden	38:53
64	M	25	John P Cassilly	38:57
65	M	40	Mark B Holt	38:58
66	M	30	Patrick T Dunn	39:00
67	M	33	George L Dinwiddie	39:02
68	M	29	David H Wagner	39:03
69	M	30	Derek A Couze	39:03
70	M	28	Phil Therrien	39:05
71	M	46	Mike McCubbin	39:08
72	M	49	William C Orr	39:09
73	F	34	Sherrie K Bowers	39:09
74	M	49	William B Stevenson	39:10
75	M	48	Gene Phelps	39:11
76	M	37	James B Clayton	39:13
77	M	48	Thomas H Cannon	39:14
78	M	37	Thomas E Ranz	39:16
79	M	29	Glenn R Walter	39:17
80	M	23	Andrew G Clark	39:17
81	M	20	Kevin A Caudle	39:18
82	M	38	Buddy C Martin	39:18
83	M	32	Paul A Dickinson	39:19
84	M	27	Mark A Williams	39:20
85	M	31	Pedro A Zelljans	39:23
86	M	31	Matt R Hughes	39:27
87	M	36	William G Ehrhorn	39:29
88	M	24	Jack K Franklin	39:31
89	M	19	Scott G. Putnam	39:31
90	M	44	John B Sabo Jr	39:31
91	M	48	Lloyd N Smith	39:34
92	M	31	Frank Murchison	39:35
93	M	33	Ronald L Anderson	39:38
94	M	35	Steven W Prince	39:40
95	M	35	Thomas A Berg	39:41
96	M	37	David Jean	39:42
97	M	36	Clay McClarnon	39:45
98	M	51	Royce O Sayer	39:45
99	M	18	Cheng W Tan	39:47
100	M	35	Martin Chenoweth	39:49
101	M	26	Mark E Cohen	39:49
102	F	17	Michael C Stohler	39:51
103	M	47	Tyler Przybylsek	39:53
104	M	31	Richard H Cody	39:54
105	M	42	Brint A Adams	39:58
106	M	47	Chuck E Anderton	39:59
107	M	52	Joe M Gross	40:02
108	M	47	Miller McDonald	40:04
109	M	43	James M Hollingshead	40:07
110	M	28	Rick D Hessler	40:08
TT1	F	45	Mary Preisel	40:08
112	M	41	David P Stinton	40:09
113	F	28	Denise Dillon	40:10
114	M	42	Steve McGhee	40:14
115	M	21	M J Kay C Bachmann	40:20
116	M	29	Mark L Granger	40:23
117	M	39	Fred W. Mize	40:23
118	M	5	M Tyke G Hillmer	40:26
119	M	17	Kevin D Buchanan	40:32
120	M	32	Ty Chapman	40:32
121	M	33	Reginald L Coles	40:34
122	M	43	Paul R Garron	40:35
123	M	36	Bob R Bailey	40:37
124	M	28	Tom Wilson	40:40
125	M	11	Bobby Joe Adams	40:42
126	M	36	John B Waters	40:44
127	M	29	David A Ariola	40:45
128	M	38	Brent Cooper	40:48
129	M	28	Jay D Gregory	40:49
130	M	24	Mike E Karnes	40:50
131	M	31	Rick Rogers	40:50
132	M	21	Mark F Hardison	40:56
133	M	33	Ben F Horton	40:59
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135	M	54	Charles D Montgomery	41:02
136	M	45	Andy Zirkle	41:03
137	M	46	Bill E Lane	41:06
138	M	44	Steve Zuck	41:07
139	M	33	Lewis S Howard, Jr	41:07
140	M	22	Mei Bettcher	41:08
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142	M	35	Frank H Disney	41:11
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144	M	43	Henry M Dent	41:12
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163	M	26	Gary W Byrd	41:46
164	F	28	Janet Easterday	41:47
165	F	22	Page Kunst	41:48
166	M	21	M Age Clarence Lowe	41:49
167	M	21	Nathan Keller	41:51
168	F	31	Beth L. Hutchinson	41:51
169	M	27	John V Rose	41:52
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171	M	34	Rick B Chapman	41:57
172	M	41	George W Hoyler	41:58
173	M	15	Nathan E Raibourton	42:02
174	M	24	Lee Motley	42:05
175	M	42	James E Gleaves	42:09
176	M	43	Ken Hicks	42:09
177	M	11	Freddy J Mottley	42:11
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182	F	36	Charlynn Maxwell-Port	42:16
183	M	21	Stephen B Whitt	42:17
184	M	29	Robert B Brinkley	42:19
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188	M	38	Ron King	42:23
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214	F	30	Rhonnda S Cloinger	42:46
215	M	32	Jack L Mayfield	42:46
216	M	38	David A Sprissler	42:47
217	M	31	Mark F Smith	42:51
218	M	39	James C Ingram	42:53
219	M	40	Kent D Lohr	42:53
220	M	49	James H Clinton	42:55

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222	M	49	Bill Finley	43:03
223	M	19	William K Burns	43:03
224	M	28	John A Franklin	43:04
225	M	44	Sanford Cooper	43:05
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232	F	27	Ann Bertucci	43:19
233	F	26	Susan P Baker	43:19
234	M	35	Earl Edens	43:19
235	M	51	Gerry B Roe	43:20
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241	M	39	Millard E Calhoun	43:27
242	M	45	Douglas G Wiggins	43:29
243	M	34	Donald Summerfield	43:30
244	F	25	Nichole B Young	43:31
245	M	38	Bill C Stone Jr	43:33
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251	M	32	Len Taylor	43:40
252	M	13	Nicholas E Poore	43:41
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267	M	30	Mark W Kenner	43:55
268	M	31	David K Girard	43:58
269	M	32	Bob Heller	43:59
270	M	31	Jack B Woodrick	43:59
271	M	49	James M Hart	44:00
272	M	16	Brian R Ford	44:00
273	M	45	David Laughter	44:01
274	M	27	Don M Owen	44:01
275	M	47	Mark D Fornwall	44:03
276	M	42	Kurt A Backstrom	44:03
277	M	15	Dan C Peterson	44:04
278	M	32	Kenneth C Brock	44:04
279	M	45	Leslie A Baker	44:05
280	M	28	David C Hinkle	44:06
281	M	40	David Garrett	44:06
282	M	60	Alan C England	44:07
283	M	24	Robert A Marsh	44:09</

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453 11 F 29 Lisa Stubblefield	47:17	541 93 M 35 John M Griffin	48:16	656 113 M 39 Michael Kolarik	49:58	773 131 M 35 Ben Gates	51:54
454 74 M 31 Robert Rogers	47:17	542 13 M 59 John A Cody	48:17	657 73 M 48 William Rockwell	49:59	774 13 F 43 Lucinda M Albiston	51:54
455 22 M 51 Dick J Graham	47:18	543 57 M 47 Robert E Davis	48:19	658 114 M 35 Luke Cooper	50:00	775 38 M 52 David R Ferguson	51:55
456 4 F 44 Julia B Huster	47:18	544 M William Mitchell	48:20	660 95 M 32 Mark W Richey	50:00	776 39 M 53 Carrol R Bingham	51:55
457 50 M 48 David A Birdwell	47:19	545 58 M 48 William C Bailey	48:20	661 74 M 49 Dennis S Freeman	50:01	777 20 F 35 Kim A Rush	51:56
458 5 M 63 Sam F Fowler Jr	47:19	546 59 M 48 Pete Dayton	48:22	662 95 M 43 Robert G Leo	50:02	778 92 M 46 David Greene	51:57
459 53 M 29 Changsheng Lu	47:20	547 76 M 41 Sonny Darden	48:23	663 22 F 26 Julie A Young	50:02	779 112 M 41 Clinton W Carnahan	51:59
460 77 M 39 Christopher A Miller	47:20	548 15 F 26 Amanda Buchanan	48:25	664 96 M 41 Frank S Weiskopf	50:03	780 14 F 41 Sherry J Miller	52:02
461 78 M 38 William E McCulley	47:21	549 7 F 44 Suzanne Stone	48:26	665 5 F 15 Jennifer A Whitehead	50:03	781 80 M 28 Jeff Moore	52:02
462 79 M 39 Steven R Moffett	47:21	550 86 M 31 Robert Hodge	48:27	666 17 F 32 Lori M Dixon	50:06	782 17 M 59 James L Nicholson	52:03
463 11 F 32 Robin L Leven	47:21	551 94 M 35 David M Kyle	48:27	668 M Stephen Johnson	50:07	783 81 M 28 James R Melton	52:05
464 12 F 25 Bernette N Crombie	47:22	552 60 M 26 Robert W Boyko	48:29	669 97 M 41 Gary S Hubbs	50:08	784 82 M 27 Stephen M Reams	52:05
465 5 F 42 Helene R Tippitt	47:22	553 60 M 49 Will H Skelton	48:31	670 96 M 33 Jim H Catlett	50:09	785 83 M 28 Bill Vest Jr	52:06
466 51 M 46 John Langley	47:23	554 14 M 58 Walter G Cochran	48:31	671 14 F 36 Susan Shuler	50:10	786 21 F 33 Johnnie L Reynolds	52:06
467 75 M 31 Bo Henry	47:25	555 77 M 42 James R Balles	48:32	672 75 M 49 James E Wright Jr	50:11	787 111 M 33 Logan Hickman	52:07
468 65 M 41 Charles S Felger	47:26	556 87 M 32 Ed Walters	48:33	673 15 F 37 Kim A Mowery	50:11	788 26 F 27 Nancy D Reed-Liston	52:07
469 21 M 15 Brandon S Cottrell	47:27	557 15 M 57 Riley Hodges	48:33	674 76 M 46 Dave C Wright	50:12	789 93 M 45 Paul P Langley	52:08
470 66 M 42 William K Bell	47:28	558 95 M 35 Chris C Crum	48:34	675 97 M 30 Gary L Herron	50:15	790 22 F 33 Holly Warlick	52:08
471 11 M 55 Joe H Johnson	47:29	559 61 M 28 Wesley A Green	48:35	676 2 F 13 Elli K Bonnett	50:15	791 113 M 44 Kenny Ballaw	52:09
472 52 M 48 Jerry D Guthrie	47:30	560 61 M 48 Jerry L Tipton	48:35	677 77 M 47 Bob V Burke	50:16	792 27 F 27 Kelly A Grant	52:09
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474 68 M 43 Ron Hudson	47:32	562 62 M 28 David M Petko	48:36	679 98 M 41 Jackie L Greenway	50:18	794 5 F 49 Barbara D Winters	52:11
475 80 M 37 David L Smith	47:32	563 89 M 32 Preston O Matthews	48:37	680 98 M 34 Gary Valentine	50:19	795 18 M 56 Edwin L Jenkins	52:13
476 81 M 38 Mac Roopani	47:33	564 62 M 45 Stanley F Stark	48:37	681 31 M 50 Nick G Cazana	50:20	796 23 F 32 Kim K Ebel	52:13
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482 55 M 28 William J Peterson	47:38	570 31 M 21 Randy Osborne	48:44	687 16 F 39 Vickie L Coker	50:23	802 133 M 36 Alan C Lensgraf	52:17
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484 23 M 18 Michael R Watt	47:40	572 80 M 40 Chuck M Norman	48:45	689 78 M 45 Richard Dew	50:24	804 94 M 48 Robert E Heydasch	52:18
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486 6 F 21 Jonny Nichols	47:41	574 6 M 60 David G Craig	48:46	691 34 M 23 Lary Peters	50:29	806 117 M 43 Jerry Kuhn	52:24
487 70 M 43 Rusty Anderson	47:41	575 65 M 47 Jerome Dobson	48:46	692 102 M 30 Jonathan G. Martin	50:32	807 38 M 20 Charles E Story, III	52:24
488 76 M 33 Chris L Lane	47:41	576 1 M 70 Edward L Nicholson	48:47	693 117 M 38 Charles Smith	50:33	808 21 F 38 Pam G Montgomery	52:26
489 13 M 13 Jess Dickerson	47:42	577 9 F 38 Jane Herron	48:47	694 99 M 43 Steve Shope	50:35	809 19 M 59 Thomas E Vickers	52:27
490 1 F 12 Veronica M Ramsey	47:42	578 96 M 39 Joe K Fox	48:48	695 33 M 53 Toby J Mitchell	50:38	810 95 M 48 Hoyt P. Canady	52:28
491 77 M 32 Bruce B Bower, Jr.	47:43	579 97 M 39 Keith P Downen	48:49	696 71 M 27 Russell A House	50:39	811 6 F 15 Jennifer M Greene	52:28
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493 78 M 32 Tony Johnson	47:44	581 17 F 28 Benita R Ruby	48:50	698 79 M 47 Donald H Parnell	50:41	813 119 M 42 Tony Cannon	52:30
494 12 M 55 Dick Tharp	47:45	582 10 F 36 Melinda B Clanton	48:50	699 72 M 26 Mark C Morris	50:42	814 96 M 45 Roy C Jennings	52:30
495 84 M 38 Terry D Ball	47:45	583 82 M 40 Reid Bell	48:51	700 100 M 42 Luke L Russell II	50:43	815 120 M 42 Stephen L Melsenheime	52:31
		584 98 M 38 Marcus Miller	48:52	701 34 M 51 Mike Stratton	50:44	816 33 M 18 Trent A Hammontree	52:32
		585 27 M 52 James B Sullivan	48:53	702 23 F 29 Lori M Anderson	50:45	817 34 M 17 Steve Small	52:33
		586 63 M 29 Mark T Gannon	48:53	703 2 F 54 Patti J Reese	50:46	818 20 M 56 Patrick H Keebler	52:35
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		594 8 F 42 Annabelle H Raines	49:01	711 74 M 26 William A Jonakin	50:56	826 97 M 45 Buck Sharp	52:44
		595 68 M 48 Bud Hatcher	49:03	712 18 F 36 Tracey Courtney	50:57	827 10 F 21 Katie Powers	52:45
		596 66 M 28 Jim Chamberlain	49:03	713 119 M 36 Jack E Campbell	50:58	828 41 M 52 Joe B Bruce	52:46
		597 99 M 38 Steve R Karr	49:04	714 101 M 44 Spencer D Boardman	50:59	829 135 M 36 Ronald E Hopson	52:46
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		601 19 F 29 Melanie M Pullin	49:08	718 104 M 30 Al Pirie	51:06	833 84 M 28 Bryan S Atkins	52:49
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		604 9 F 44 Marilyn Presley	49:11	721 82 M 45 Steven M Brown	51:09	836 113 M 33 Roger Davis	52:51
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		608 101 M 37 William G Thurman	49:13	725 121 M 39 Thomas J Newsom	51:13	840 136 M 39 Jack C. Mancuso	52:56
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		611 85 M 40 Bill W Brabson	49:14	728 122 M 36 Tim W Williams	51:15	843 85 M 29 Jeffrey A Rose	52:58
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		614 86 M 42 Wendell S Davis	49:21	731 123 M 39 Bill Shelton	51:18	846 125 M 41 William D Robertson	53:04
		615 67 M 29 Johnny J Crowell	49:22	732 19 F 38 Sherry S Shelton	51:19	847 138 M 37 Craig Carey	53:04
		616 87 M 40 Roger E. Stoller	49:23	733 105 M 42 Roger D Keck	51:22	848 126 M 44 David Powers	53:05
		617 12 F 35 Kathy S Crabb	49:24	734 106 M 44 Ernest W Brewer	51:23	849 139 M 38 Steven M Hux	53:06
		618 88 M 44 Chip Davis	49:24	735 19 F 30 Michele S Baggett	51:24	850 116 M 34 Thomas W Northern	53:09
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		620 28 M 19 Robert L Ward	49:28	737 85 M 48 Eugene E Clark	51:25	852 6 F 48 Janice P Watkins	53:10
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		622 16 M 14 John T Connor	49:29	739 108 M 43 John E Jenkins	51:26	854 17 F 40 Marlon W Ferrill	53:11
		623 71 M 47 Owen Hoffman	49:30	740 106 M 32 Kai W Busman	51:27	855 127 M 40 Joseph A Vrba	53:11
		624 104 M 39 Ed Crook	49:30	741 86 M 47 Kenton H Page	51:31	856 18 M 13 Joel T McPherson	53:11
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		627 33 M 22 Steven A Cameron	49:34	744 76 M 29 James C Grant	51:32	859 12 M 61 John W Montgomery	53:15
		628 107 M 38 Jeffrey N Elliott	49:35	745 20 F 33 Nan Shugart	51:33	860 44 M 52 Noel K Newton	53:16
		629 7 M 63 Donald Nelson	49:35	746 109 M 42 Hugh T Clement	51:34	861 141 M 35 Steven J Addonizio	53:16
		630 89 M 44 Steve Luper	49:36	747 36 M 24 Steven M Alban	51:34	862 18 F 42 Sandra A Eisele	53:18
		631 90 M 40 Mike Miller	49:37	748 87 M 46 Larry W Elder	51:35	863 142 M 38 Coleman E Hoskins	53:22
		632 108 M 38 David K Williams	49:39	749 124 M 38 John G Sterchi	51:36	864 87 M 26 Jeffrey T Graves	53:24
		633 72 M 48 Duell H Grubb	49:40	750 77 M 27 Darren E Durham	51:36	865 143 M 39 Donald R Harrell	53:28
		634 16 F 32 Lorna Cronje	49:41	751 125 M 36 James R Brown	51:37	866 23 F 35 Shari McDaniels	53:29
		635 10 F 43 Gwyn E Baker	49:42	752 36 M 50 Ronald J Gossett	51:39	867 29 F 27 Kathy Genella	53:30
		636 109 M 38 William R Vestal	49:43	753 126 M 37 David A Greene	51:41	868 30 F 25 Wendy Robinson	53:30
		637 28 M 50 Edwin E Campbell	49:44	754 110 M 42 James M Ogle	51:42	869 117 M 33 Osmond Robinson	53:33
		638 29 M 16 Brian K Ellis	49:44	755 88 M 46 Larry C Wallace	51:43	870 24 F 29 Michaela K Hinton	53:39
		639 110 M 36 Rusty Baksa	49:45	756 37 M 54 Allan S. Philip	51:43	871 88 M 36 John Heins	53:39
		640 68 M 25 John Quillen	49:45	757 8 M 62 David A Patterson	51:44	872 19 M 13 Jordan M Stokes	53:40
		641 69 M 26 Roger A Miller	49:46	758 89 M 47 Lonnie E Brock	51:45	873 45 M 52 John B Swicegood	53:43
		642 91 M 41 Tom W Dunne	49:46	759 108 M 32 Thomas E Scandlyn	51:45	874 46 M 52 Ed Smith	53:43
		643 29 M 50 Ronald G Bonnett	49:47	760 78 M 25 Richard L Catlett	51:46	875 129 M 43 Jeff Folks	53:44
		644 11 F 41 Vicki Andrews	49:47	761 127 M 37 Randy Curlee	51:46	876 31 F 26 Michelle Draper	53:44
		645 92 M 41 Gary Sperl	49:48	762 111 M 41 Stephen W Allison	51:47	877 2 M 9 Matthew I Smith	53:47
		646 30 M 51 Dwight R Wade	49:48	763 90 M 49 Bobby Renfro	51:47	878 20 M 12 Joel Kirk	53:47
		647 93 M 32 William J Raby	49:49	764 128 M 36 James B Wallace	51:48	879 47 M 51 Clyde Trotter	53:48
		648 93 M 40 Larry S Burcham	49:50	765 79 M 28 Scott Hopson	51:48	880 130 M 42 Richard A McMacklin	53:49
		649 13 F 35 Ramona A Leo	49:50	766 91 M 46 Condon E Payne	51:49	881 144 M 39 Mike Canada	53:49
		650 94 M 44 Jack L Payne	49:51	767 129 M 39 John R Thompson	51:49	882 145 M 35 Eddie Nolen	53:50
		651 111 M 35 Lynnwood Nicely	49:52	768 109 M 30 Mark E Bledsoe	51:50	883 131 M 40 Max L Brown	53:51
		652 94 M 31 Cliff Jones	49:55	769 110 M 30 Barry G Lawson	51:52	884 132 M 44 Doug C Peterson	53:52
		653 30 M 19 Matt W Doane	49:56	770 37 M 22 Romero Bright	51:52	885 118 M 30 Kenneth D Wood	53:54
		654 70 M 29 Barry Marshall	49:57	771 9 M 63 Don C Johnson	51:53		



886 19 F 41 Phaye D Harris 53:55
887 133 M 40 Sam H Young, III 53:56
888 7 F 46 Damaris O Young 53:57
889 134 M 44 William McBea 54:02
890 89 M 26 Arthur G Sullenbarger 54:04
891 90 M 29 Russell E Huckaba 54:05
892 146 M 37 Jewell T Ottlinger 54:06
893 100 M 48 Robert G Kerley 54:06
894 135 M 43 Russell E Smith 54:10
895 147 M 39 Joe K Madron 54:11
896 136 M 44 Emmett J Walker 54:12
897 32 F 29 Maura M Ostrail 54:13
898 119 M 31 Craig A. Crain 54:16
899 101 M 45 Robert H Polk 54:18
900 102 M 45 Rex E Galyon 54:21
901 120 M 30 Daniel E Lundy 54:21
902 103 M 45 John W McCallie, Jr 54:22
903 25 F 35 Susan D Chambers 54:23
904 148 M 37 Mark McGrath 54:23
905 33 F 26 Melissa A Trent 54:24
906 34 F 25 Mary C Hayes 54:26
907 39 M 21 Robert P Cunningham 54:27
908 121 M 34 Stan C Johnson 54:28
909 35 F 26 Lori L Pettit 54:29
910 11 F 23 Beth L Scott 54:29
911 104 M 48 William N Parsons 54:30
912 20 F 41 Becca J Fuller 54:30
913 122 M 30 Pat Lewis 54:31
914 105 M 45 J Roger Parsons 54:33
915 36 F 26 Charissa Camp 54:34
916 26 F 38 Anita C Dinwiddie 54:39
917 48 M 50 Benton Stewart 54:40
918 137 M 44 Jim C Flegie 54:41
919 37 F 26 Kathleen McCullen 54:42
920 38 F 29 Agnes A Delmas 54:43
921 49 M 52 Ben W McConnell 54:45
922 123 M 32 Richard S Egli 54:45
923 27 F 36 Kathy J Brown 54:46
924 50 M 50 Robert McMillen 54:47
925 12 F 21 Michelle Abbing 54:47
926 25 F 33 Pam N Hoskins 54:48
927 51 M 54 Nathan Schulman 54:48
928 106 M 45 John S Walker III 54:49
929 28 F 36 Martha L Cottrell 54:49
930 40 M 23 Randy Thomas 54:50
931 91 M 25 Johnny R Loy 54:50
932 39 F 25 Amy R Rutenberg 54:51
933 29 F 39 Evelyn N Brooks 54:52
934 149 M 37 Peter S Chodakowski 54:52
935 124 M 30 James R Swanson 54:53
936 125 M 34 John L Guty 54:54
937 92 M 26 Jeffrey L Catlett 54:57
938 21 F 42 Kathy B Farr 54:59
939 126 M 31 Matthew W Smith 55:02
940 150 M 38 Stephen C Speelman 55:05
941 52 M 53 Ronald F Johnson 55:06
942 26 F 30 Leanne Keller 55:07
943 127 M 34 David F Higdson 55:09
944 27 F 31 Paula L Jennings 55:10
945 138 M 43 Gary W Townsend 55:12
946 139 M 44 John B Odell 55:13
947 107 M 45 Sam L Odell 55:14
948 108 M 46 Lacey N Spivey 55:14
949 128 M 31 Roger Brooksbank 55:15
950 28 F 30 Darlina Brooksbank 55:17
951 35 M 18 John T Major II 55:18
952 129 M 33 Eugene B Reed 55:18
953 130 M 33 Scott Eastin 55:20
954 131 M 31 Joseph A Pappas 55:21
955 29 F 32 Cheryl Harila 55:21
956 93 M 28 Michael Anderson 55:21
957 94 M 27 David A Harris 55:24
958 30 F 35 Kim M Lothrop 55:24
959 140 M 40 Ken M Taylor 55:25
960 53 M 51 Dick Biddle 55:26
961 109 M 47 Lon D Shoopman 55:27
962 41 M 23 Mike Fuller 55:29
963 95 M 27 Warren B Morelock 55:33
964 54 M 52 Ray Vining 55:33
965 110 M 47 William C Patterson 55:34
966 55 M 53 Gerald Sundahl 55:35
967 141 M 44 Gary L Pease 55:35
968 31 F 37 Phyllis J. Snodgrass 55:36
969 13 M 61 William F Keebler 55:37
970 2 M 73 Willie O S Duncan 55:38
971 40 F 25 Nancy Swong 55:40
972 30 F 30 Vickie Clark 55:40
973 41 F 27 Penny G Brewer 55:43
974 36 M 19 Christopher Pendleton 55:44
975 21 M 14 Bradley O Westenaver 55:47
976 96 M 27 Wade Shehan 55:47
977 22 M 11 Ian Swann 55:48
978 23 M 10 Reed B Wolf 55:48
979 142 M 43 Peter H Wolf 55:49
980 97 M 25 Kenneth P Bradley 55:50
981 98 M 26 David Kenworthy 55:50
982 151 M 37 Richard Emmett 55:50
983 32 F 38 Linda Emmett 55:52
984 143 M 40 Dennis Gumlick 55:52
985 24 M 14 Matthew L Shelton 55:53
986 56 M 54 Willard H Sifton 55:53
987 152 M 38 David M Powers 55:54
988 22 M 58 James L Clayton 55:54
989 57 M 54 Lou Holder 55:55
990 144 M 40 Albert S Will 55:55
991 33 F 37 Pat J Capps 55:56
992 31 F 33 Rita D Boehars 55:56
993 153 M 38 Bill Griffith 55:57
994 154 M 36 Paul Warren 55:57
995 42 F 28 Donna L Gowwin-Gregor 55:58
996 155 M 36 Sammy Holmes 56:00
997 22 F 40 Kay Montgomery 56:00
998 8 F 45 Elizabeth W. West 56:01
999 23 F 41 Nanci Jackson-Eldridg 56:02
1000 156 M 38 TA Keys 56:03

1001 24 F 41 Jacqueline Price 56:04
1002 132 M 30 George Ewart 56:05
1003 25 F 42 Judy H Campbell 56:06
1004 157 M 38 Russ Newman 56:06
1005 111 M 49 Bill Swann 56:08
1006 14 M 64 William K Kleber 56:08
1007 158 M 37 Terrance Moreland 56:09
1008 32 F 31 Holly D Smith 56:09
1009 33 F 33 Kathleen Peppers 56:11
1010 43 F 29 Deborah R Stairs 56:12
1011 25 M 13 Marcus S McGee 56:13
1012 23 M 58 Daniel C Capps 56:14
1013 58 M 52 Wayne J Watkins 56:14
1014 9 F 45 Nancy E Thompson 56:15
1015 34 F 30 Sally A Householder 56:15
1016 10 F 48 Lalla Guidi 56:15
1017 133 M 31 Douglas V Brown 56:16
1018 112 M 48 Edwin E Cunningham 56:16
1019 145 M 41 Joe M Wortham 56:18
1020 113 M 45 Johnny A Milligan 56:18
1021 44 F 29 Cindy L Dodd 56:19
1022 99 M 27 Jimmy L Dodd 56:24
1023 159 M 37 Michael P Easter 56:24
1024 35 F 31 Carole B Granger 56:29
1025 45 F 29 Robin B Meyer 56:30
1026 38 F 34 Linda K Gouge 56:31
1027 134 M 32 John Clay 56:34
1028 15 M 61 Marvin T Melton 56:34
1029 146 M 40 Lionel R Farr 56:35
1030 114 M 49 Richard T Bender 56:35
1031 135 M 32 Jim F Marshall 56:35
1032 136 M 33 Wes Hardin 56:38
1033 137 M 32 Charles D Lemons 56:41
1034 24 M 57 Fred W Burchfield 56:42
1035 37 F 31 Jackie Wills 56:42
1036 160 M 36 Will Walker 56:43
1037 138 M 31 Jimmy Moates 56:44
1038 34 F 37 Carolyn J Walsh 56:44
1039 115 M 46 Art C Butler 56:45
1040 26 F 44 Lynda Raines 56:46
1041 147 M 41 Jim Raines 56:49
1042 139 M 34 Paul D Baggett 56:51
1043 161 M 39 Gary R Moyers 56:57
1044 148 M 42 Joe E Hamlet 56:58
1045 149 M 43 Jeffrey Kovac 56:58
1046 37 M 16 Eli C Sheekles 56:59
1047 100 M 28 John M Troyer 57:00
1048 140 M 31 Paul E Aebischer 57:01
1049 11 F 45 Sandra G Simmons 57:01
1050 38 F 31 Becky S Wolf 57:02
1051 27 F 41 Susan C Williamson 57:02
1052 35 F 37 Debra A Kelley 57:09
1053 150 M 40 Mike Ketter 57:09
1054 48 F 29 Becky Cox 57:10
1055 141 M 30 John A Harris 57:10

1184 176 M 35 Mike Walcher 60:15
1185 17 F 20 Allison C Pickrell 60:16
1186 9 F 11 Kristi Chanton 60:16
1187 177 M 37 Eddy Powers 60:17
1188 2 F 59 Virginia Austin 60:18
1189 3 F 55 Nancy M Ware 60:21
1190 105 M 25 Tim J Rule 60:21
1191 44 F 38 Trease L Bunch 60:29
1192 127 M 45 Kenneth G. Frazier 60:29
1193 50 F 30 Penne Hplshire 60:31
1194 45 M 21 Darby Bunch 60:32
1195 18 F 22 Elizabeth C Lasseter 60:32
1196 45 F 39 Cynthia V Wooten 60:33
1197 178 M 35 Billie McElroy 60:34
1198 51 F 31 Jennifer R Knight 60:48
1199 106 M 29 Robert B Lindsey 60:49
1200 128 M 45 Ralph G Hillmer 60:49
1201 4 M 9 Ryan Dabbs 60:51
1202 179 M 39 Randal Dabbs 60:51
1203 46 F 37 Linda S Webb 60:53
1204 18 M 61 Hubert M Styles 60:54
1205 7 M 75 William E McConnell 61:01
1206 30 M 58 Charles H Fleischer 61:02
1207 57 F 25 Melanie Fuller 61:05
1208 164 M 40 Terry W Hubmann 61:06
1209 42 M 15 William T Hutchins 61:07
1210 46 M 22 Paul Powers 61:08
1211 4 F 52 Vim Silvus 61:12
1212 129 M 46 Thomas McDonald 61:14
1213 149 M 30 Ronald Rochat 61:15
1214 107 M 26 Barry Lethgo 61:16
1215 47 F 35 Jeannine D Griffin 61:16
1216 58 F 28 Lynn E Howell 61:18
1217 66 M 53 Donald E Overton 61:25
1218 35 F 42 Jeanie Johnson 61:26
1219 36 F 45 Grier Novinger 61:27
1220 36 F 44 Betsy Foster 61:28
1221 48 F 37 Dee Vagma 61:28
1222 49 F 37 Martha L Cummins 61:28
1223 180 M 39 Stephen E Shipley 61:30
1224 108 M 28 Jeffrey B King 61:35
1225 165 M 40 Doug R Beler 61:38
1226 M David Mings 61:40
1227 31 M 68 Roy T Randles 61:40
1228 59 F 25 Melissa Madgett 61:41
1229 166 M 43 Jerry V Vaughn 61:43
1230 109 M 26 Brian C Nelson 61:44
1231 130 M 45 Robert Terrell 61:45
1232 50 F 35 Louise K Trudell 61:45
1233 181 M 39 Byron H Foust 61:46
1234 37 F 44 Mary A Venable 61:47
1235 131 M 45 Charles H Pennington 61:48
1236 19 M 62 Elbert Fielden 61:50
1237 7 F 14 Tara Templeton 61:58
1238 43 M 17 Marty E Odom 62:00
1239 182 M 39 Danny R French 62:09
1240 M 75 Lee Hill 62:10
1241 51 F 36 Rebecca Wilkerson 62:16
1242 150 M 30 Reginald W Coleman 62:24
1243 32 M 11 Miles Shope 62:32
1244 52 F 38 Becky F Pearsall 62:34
1245 67 M 53 James R Smith 62:37
1248 183 M 35 Deniz K Britt 62:39
1247 187 M 40 Greg J Evans 62:40

1056 39 F 31 Lauren E Beckwith 57:11
1057 28 F 41 Amie Fletcher 57:11
1058 29 F 40 Lynn Anderson 57:12
1059 151 M 44 Phil E Manass 57:13
1080 36 F 37 Laura J Thomas 57:14
1081 40 F 30 Robin Marsh 57:14
1082 37 F 37 Deborah S Cureton 57:18
1083 47 F 26 Ellen L Quarles 57:19
1084 16 M 60 Dick Erickson 57:20
1085 152 M 43 Kenneth E Coker 57:21
1086 41 F 31 Teresa Vest 57:22
1087 116 M 45 Phillip L Holt 57:23
1088 42 F 31 Sherry A Padgett 57:25
1089 38 F 36 Nancy J Hays 57:26
1070 48 F 29 Debby A Horton 57:26
1071 12 F 46 Libby M Goddard 57:29
1072 59 M 50 Glenn T Malone 57:30
1073 162 M 37 Steve G Clay 57:31
1074 163 M 36 Stephen R Corbett 57:32
1075 49 F 25 Khetta Cox 57:33
1076 26 M 13 Maciej R Czynzewski 57:33
1077 39 F 38 Paula Slack 57:34
1078 40 F 37 Jeanne F Stokes 57:34
1079 60 M 50 Bernard D McElroy 57:35
1080 13 F 23 Chanda M Sparks 57:36
1081 25 M 58 Stephen E Burcham 57:40
1082 43 F 31 Julie Taylor 57:41
1083 27 M 13 Derek D Winters 57:42
1084 164 M 38 Alan R Devan 57:43
1085 117 M 49 Robert M Koho 57:45
1086 14 F 30 Leanne L Wise 57:46
1087 165 M 38 Joe D Piper 57:49
1088 118 M 48 James W Lawless 57:50
1089 3 F 51 Anne M Sayer 57:51
1090 30 F 40 Brenda U Franklin 57:51
1091 153 M 44 Butch L Preisel 57:53
1092 31 F 40 Kristine A Dolron 57:54
1093 154 M 41 Clint Dolron 57:56
1094 155 M 41 Richard L Pace 57:57
1095 41 F 38 Susan Harris 57:57
1096 156 M 44 David Heald 57:59
1097 157 M 41 Bob Walker 58:01
1098 119 M 48 Gene A Stanley 58:02
1099 168 M 39 Joseph E Lee 58:02
1100 142 M 30 Jeff Nelson 58:03
1101 61 M 52 J. E. Brooks 58:04
1102 120 M 48 Jimmie D Turner 58:04
1103 28 M 13 Timothy A Roberto 58:05
1104 32 F 40 Audrey L Carroll 58:10
1105 121 M 45 James B Roberto 58:10
1106 143 M 33 Jim K Friedrich 58:12
1107 3 M 73 John M Smartt 58:12
1108 101 M 25 Michael T Clarke 58:13
1109 42 M 24 Kevin S Boggess 58:18
1110 158 M 40 David E Lane 58:20
1111 29 M 13 Andrew W Ogle 58:22
1112 30 M 13 Michael D Greene 58:22
1113 44 F 30 Angela M Wampler 58:23
1114 102 M 38 Stephen S Farmer 58:26
1115 125 M 49 Thomas S Siler 58:30
1116 144 M 34 Jerry W Hamish 58:30
1117 15 F 20 Dena M Brock 58:31
1118 33 F 40 Jane J Dickson 58:32
1119 167 M 36 Rick Sellers 58:32

1248 132 M 46 Gary W West 62:41
1249 53 F 39 Wanda K McGee 62:47
1250 33 M 12 Tim C Evans 62:49
1251 60 F 29 Kelly McCafferty 62:54
1252 54 F 38 Jan E Allen-Britt 62:54
1253 7 F 19 Christi R Morris 62:55
1254 47 M 24 William C Freeman 62:56
1255 61 F 29 Valeta Norris 63:00
1256 55 F 39 Sharon S Wagner 63:02
1257 38 F 42 Barbara F Beler 63:09
1258 F 54 Thera E Carr 63:16
1259 39 F 40 Laura P Barnes 63:23
1260 151 M 33 Wallace W Skaggs 63:33
1261 52 F 34 Kim W Kalnath 63:33
1262 68 M 52 Bill W Burchfield 63:42
1263 110 M 29 Donald M Crosse 63:43
1264 32 M 56 Terry W Miller 63:43
1265 62 F 26 Kelly C Jones 63:51
1266 40 F 41 Ginny D McGrath 63:52
1267 41 F 40 Joy L Muck 63:52
1268 53 F 31 Karen W. Smith 64:04
1269 33 M 55 Edward Cureton 64:10
1270 19 F 20 Dina D Jones 64:15
1271 48 M 21 Frank W Maples 64:16
1272 63 F 27 Pamela J Renfro 64:28
1273 56 F 39 Sandra K Rhea 64:32
1274 133 M 45 Thomas E Bliggs 64:42
1275 168 M 42 Danny Ellis 64:45
1276 6 F 54 Kathleen N Bone 64:54
1277 69 M 51 Ralph Hill 64:56
1278 64 F 26 Laura G Ledford 65:04
1279 20 F 24 Stephanie L Roberts 65:05
1280 21 F 22 Rami Maurya 65:06
1281 70 M 53 Paul M Benoit, Sr 65:24
1282 134 M 49 William D Vines 65:26
1283 169 M 41 Doug Lynch 65:37
1284 57 F 37 Linda C Wittingham 65:44
1285 34 M 11 Jason E. Brannon 65:49
1286 34 M 68 William C Denno 65:51
1287 135 M 45 Charles T Walker 65:53
1288 35 M 10 Jonathan Beeler 65:58
1289 5 M 9 Bradley S Huffaker 65:58
1290 9 M 71 Paul H Threlkeld 66:06
1291 49 M 24 Nathan A Thorpe 66:08
1292 136 M 46 Larry D Stewart 66:13
1293 36 M 10 Jeremy W Canaday 66:17
1294 184 M 37 Alfred O Huffaker 66:23
1295 17 F 46 Susan G Humes 66:34
1296 54 F 32 M K Haynes 66:34
1297 111 M 25 Lowell B Campbell 66:34
1298 58 F 36 Kim Headrick 66:59
1299 42 F 43 Anne B Hillmer 67:28
1300 37 M 10 Chris R Vaught 67:28
1301 170 M 43 Jerry L Vaught 67:31
1302 65 F 28 Laurel Stith 67:44
1303 50 M 23 Mike S Hagy 67:44
1304 71 M 61 Ronnie Richardson 68:01
1305 137 M 48 Robert W Frazier 68:01
1306 8 F 16 Melissa R Frazier 68:04
1307 7 F 51 Barbara T Pate 68:21
1308 171 M 44 Chuck Burks 68:22
1309 172 M 40 Charles B Hill 68:33
1310 138 M 46 Ed Souter 68:58
1311 18 F 48 Margaret A Crowe 69:16

1120 145 M 33 Daniel Manis 58:33
1121 45 F 33 Julie A Glibbery 58:33
1122 159 M 40 Melvin L Whitehead 58:35
1123 46 F 32 Catherine A Carter 58:36
1124 4 M 70 Chester S Morgan 58:40
1125 123 M 45 David A Glibbery 58:41
1126 13 F 48 Gail Bray 58:42
1127 14 F 47 Mary K Surratt 58:43
1128 43 M 23 Steve H. Clarke 58:47
1129 160 M 44 Robert C McLondon 58:48
1130 50 M 28 Tammy Wells 58:49
1131 161 M 40 Arthur F. Maples 58:50
1132 162 M 43 Charles W Sayne 58:53
1133 26 M 58 Richard Dodson 59:03
1134 51 F 27 Shelby S Johnson 59:04
1135 27 M 55 Howard R Ware Jr 59:04
1136 38 M 16 James Gilbert 59:06
1137 39 M 17 Kenny Blankenship 59:07
1138 168 M 37 David R Bryant 59:06
1139 40 M 17 Carl S Hoffman 59:08
1140 47 F 32 Kim Clay 59:11
1141 15 F 45 Suzanne A Dodson 59:12
1142 146 M 30 Thomas T Foley 59:13
1143 4 F 13 Jennifer A Adams 59:14
1144 124 M 49 James O Minton 59:15
1145 189 M 36 Steve S Nisley 59:16
1146 170 M 36 Bryan C Merrell 59:17
1147 125 M 47 Allen Bray 59:27
1148 62 M 52 Bill Mitchell 59:27
1149 147 M 52 Kevin Malley 59:28
1150 163 M 44 Eddie H McLemore 59:31
1151 83 M 53 Howard Moody 59:32
1152 52 F 29 Carolin F Williams 59:35
1153 64 M 53 Thomas H Schumpert 59:37
1154 148 M 33 Stanley D Bass 59:39
1155 171 M 37 Terry L Molst 59:39
1156 65 M 52 Ronald D Campbell 59:42
1157 53 F 29 Nancy G Rader 59:43
1158 31 M 10 Andrew King 59:43
1159 3 M 9 Chris Walker 59:47
1160 126 M 49 Marcus L Little 59:48
1161 5 M 74 Walter F Collins 59:48
1162 172 M 35 Park E White 59:51
1163 48 F 33 Jan S Haney 59:53
1164 42 F 38 Janet L Hogan 59:54
1165 54 F 25 Meredith A McMurry 59:54
1166 17 M 61 Joseph S McMurry 59:56
1167 6 M 78 Max E Springer 59:56
1168 173 M 35 Michael Vickers 59:57
1169 5 F 11 Lauren E Sternberg 59:58
1170 55 F 28 Yvonne L Hughson 59:59
1171 174 M 35 Larry Householder 60:00
1172 41 M 15 Jacob Allen 60:01
1173 16 F 21 Catherine D Collings 60:02
1174 103 M 25 Alan B Lasseter 60:03
1175 44 M 22 Richard W Herrell 60:06
1176 175 M 39 James H Copeland 60:07
1177 28 M 56 Dan Johnson 60:08
1178 34 F 40 Barbara Steger 60:10
1179 43 F 35 Nola Patterson 60:11
1180 29 M 55 Richard L Fraser 60:12
1181 49 F 31 Monica M Bailey 60:13
1182 104 M 26 William P Reddick 60:13
1183 58 F 25 Teresa A Stafford 60:14

1312 22 F 22 Linda K Wittingham 69:29
1313 72 M 51 John L Osborne 69:52
1314 173 M 42 Alan Sheets 69:53
1315 112 M 28 Ken B Salmon 69:59
1316 23 F 22 Monique A Maples 70:00
1317 55 F 34 Amy E Robinson 70:14
1318 38 M 12 Jason Hoyt 70:30
1319 39 M 10 Eric Salage 70:31
1320 152 M 33 Phillip D Tipton 70:36
1321 59 F 38 Linda K Tipton 70:37
1322 1 F 9 Rebecca M Reynolds 70:50
1323 40 M 14 Steven Hicks 70:50
1324 24 F 24 Rachel Hallam 70:51
1325 60 F 35 Martha M Reynolds 70:51
1326 174 M 41 Ronald J Salage 70:56
1327 185 M 38 David J Reynolds 71:02
1328 2 F 7 Katie T Tipton 71:08
1329 43 F 43 Esther M Turner 71:08
1330 186 M 37 William K McDonald, J 71:10
1331 153 M 30 Stacy C Merrell 71:11
1332 154 M 33 Keith E McWilliams 71:13
1333 20 M 62 William B Holmes III 72:30
1334 175 M 44 Randy Summers 72:52
1335 41 M 11 Jason Horton 74:07
1336 56 F 30 Susan R Foad 74:19
1337 187 M 35 Michael L Prescott 74:23
1338 66 F 27 Carolyn S Stephens 74:59
1339 113 M 27 Thomas M Weaver 75:00
1340 73 M 61 Sidney D Hemeley 75:06
1341 61 F 36 Beth Keel 75:13
1342 57 F 33 Janet Petersen 75:39
1343 8 F 11 Jennie W Andrews 75:46
1344 58 F 31 Susan T Reese 75:55
1345 3 F 9 Jessica E Andrews 76:11
1346 42 M 14 Shannon Baltimore 76:59
1347 139 M 47 Carl T Sexton 79:00
1348 4 F 58 Marguerite Watkins 81:27
1349 43 M 11 Jeremy C. Tucker 82:59
1350 9 F 15 Nikisha Lomax 83:00
1351 155 M 31 Mark T Jones 83:26
1352 10 F 15 Jennifer Melroy 83:26
1353 59 F 31 Mary A King 83:28
1354 176 M 43 Jerry Harila 84:43
1355 188 M 34 Edward E Reddy 85:33
1356 158 M 37 David A Lufkin 86:01
1357 67 F 28 Gayla A Huffaker 86:02
1358 189 M 38 Marc P Lambo 87:32
1359 9 F 10 Rachel S Kovac 87:46
1360 19 F 49 Carol D Krauss 88:19
1361 8 F 54 Ginna McMillan 88:19
1362 44 F 42 Sheri Kelly 88:32
1363 45 F 43 Cat C Clayton 88:51
1364 1 F 66 Barbara L Newton 88:51
1365 44 M 16 Gilbert E Smith 89:21
1366 11 F 15 Christine M Branch 89:22
1367 46 F 44 Teresa Faulkner 90:27
1368 62 F 37 Rosemary B Sherrrod 92:48
1369 63 F 35 Cathy L Cheverton 92:48
1370 1 M 65 Jim Reddick 93:05
1371 10 F 13 Deanna M Hutchison 94:09
1372 11 F 13 Angela R Hutchison 94:25
1373 60 F 31 Luanne N Prevost 97:08
1374 61 F 31 Peggy J Campbell 97:15
1375 1 F 62 Marjorie S McLean 120:00

CALENDER OF RUNNING EVENTS
MAY - JULY 1992

MAY

- 2 Oak Ridge Mayfest 4 Miler. 4th race on the Volunteer Tour. See form March Footnotes.
- 8 SMOKY MOUNTAIN ALLCOMERS MEET at U.T.'s Tom Black Track. Call Coach Doug Brown at 974-1265 for details.
- *9 Knoxville. CITY OF KNOXVILLE EXPO 10,000 and 2 MILE FUN-WALK.
- 16 Harriman. Historic Harriman Challenge 5-K. 8:00 a.m. See enclosed entry form for details.
- 16 Dayton. Strawberry Chase 10-K. Info. Ed Gentry 332-5174.
- *23 Knoxville. MASTERS TRACK AND FIELD CHAMPIONSHIPS including a 3000 meter run at 7:30 p.m. on Friday. See enclosed entry form for details.
- 30 Knoxville. Run For The Kids 5-K. 8:00 a.m. See enclosed entry form for details.

JUNE

- 6 Knoxville. Dove Run 5-K. 8:00 a.m. See enclosed entry form for details.
- *6 Gatlinburg. 16th ANNUAL RUN FER TH'HILLS 10-K. 8:00 a.m. Race headquarters at Holiday Inn, Airport Road. Day of race registration closes at 7:15 a.m. SHARP.
- 12 - 13 Knoxville. Sportsfest Qualifying Meet at Tom Black Track. Call Director Doug Mooney at 675-0260 for details. Also includes a 5-K at 7:00 p.m. See enclosed entry form.
- 13 Elizabethton. Covered Bridge 5-K. Contact SFTC, PO Box 3324 CRS, Johnson City, TN. 37602.
- 20 Bakersville, NC. Rhododendron 10-K. Contact SFTC, PO Box 3324 CRS, Johnson City, TN. 37602.
- 27 Knoxville. Run For Project Safe Place 5-K. See enclosed entry form for details.
- 27 Jonesborough. Historic Jonesborough Footrace. Contact John Tomko, 529 Bacon Branch Rd, Jonesborough, TN. 37659. 753-3757.

JULY

- 4 Knoxville. *Eighth Annual FIREBALL CLASSIC 5-K. See enclosed entry form for details.
- 18 Knoxville. *CARTER MILL 5 MILER. 8:00 a.m. See enclosed entry form for details.
- 25 Karns. Karns 4 Miler. 7:45 a.m. See enclosed entry form for details.
- 25 Kingsport. 1st Tennessee Crazy Eights 8-K. See enclosed entry form for details.

REMEMBER, FOR THE LATEST IN RACE INFORMATION, CALL THE KTC HOTLINE AT 673-8020 !

When running Expo, use your brain, not just your feet

Some people think distance running is a bore. Not so. A little research reveals all kinds creative and imaginative things people do while running. If you compete in Saturday's Expo 10,000 road race through downtown Knoxville, you could:

■ **Become a millionaire:** According to an item in *Runner's World* last year, Craig Davison of Phoenix runs every day and has found more than \$3,000 in cash, a cord of firewood, a power drill, three bikes, several motorcycle helmets, a working fax machine, a stainless steel drinking fountain and clothes for his daughter.

■ **Show off your hind end:** In 1988, Lester Davis of Abbeville, Ala., ran a five-mile race backward in 47 minutes. "Running backward is great for you," he was quoted as saying. "It builds strength in the ankles, calves, hips and



Gary Lundy

back more so than forward running."

■ **Make a fashion statement:** Felix Carvajal of Cuba arrived at the starting line for the 1904 Olympic marathon wearing heavy street shoes, long pants and a long-sleeved shirt. *The Complete Book of the Olympics* says the start of the race was delayed while a discus thrower cut off Carvajal's pants at the knee. No word on whether they were cut-off Duckheads or Levis.

■ **Trick the NCAA:** John Pierre Ndayisenge ran under the name "John Challenger" and received \$2,000 for winning The Charlotte Observer 10K race several years ago. Nice try, John.

An investigation revealed his true identity and that he was a student in West Virginia. He apparently used the pseudonym in hopes of getting around NCAA rules against accepting prize money.

■ **Trick a friend:** Two miles from the finish of the 1912 Olympic Marathon, South Africans Kenneth McArthur and Christian Gitsham were running together in the lead. When Gitsham decided to stop for a drink of water, McArthur said he would stop and wait. Liar, liar, pants on fire. He kept going and opened such a huge lead that it was impossible for Gitsham to overtake him.

■ **Discover a new recipe:** Thomas Hicks of the United States won the 1904 Olympic marathon after nearly collapsing 10 miles from the finish. He was revived by a dose of strychnine sulfate and raw egg white. A few miles later he was given more strychnine and

INSIDE

■ **Operation hardly slows Expo runner/C6**

brandy and finished the race in a stupor.

■ **Improve your math:** Karl Luttu of Sweden counts his steps while he races and trains. In three straight 30-kilometer races, Luttu claimed he took 14,175 steps the first time, 15,018 the second and 14,863 the third. Why ask why?

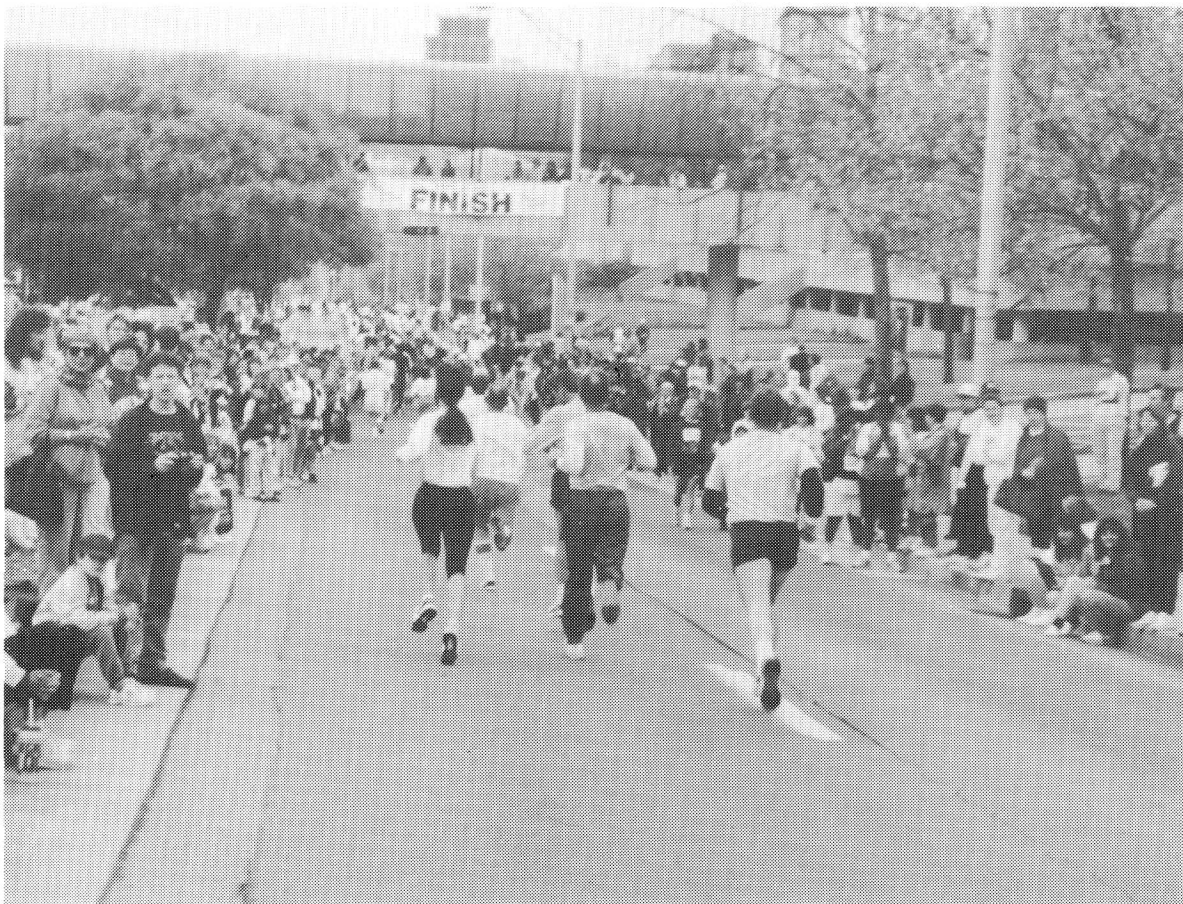
■ **Improve your name:** If you don't like your name, a road race is a perfect excuse to try a new one. Don Nierling, for instance, legally changed his name to Don Marathon. Not surprising for a person who lived out of a converted hearse. In 1984, Marathon ran in 37 marathons in 45 weeks.

■ **Go incognito:** One year the

Brussels Marathon was won by clean-shaven Abbes Tehami of Algeria. Then somebody remembered he had a mustache when the race started. Tehami was disqualified when officials determined he didn't run the first seven miles of the race. Seems that leg of the marathon was run by his coach, who had a mustache and was wearing Tehami's race number.

■ **Win valuable prizes:** When the Olympic marathon was held in Athens, Greece, early this century, merchants announced if a Greek runner won the race they would give him a statue of Hermes, a loaf of bread every day for a year, three coffees a day for a year, free shaves for life and free lunch for six every Sunday for a year. Unfortunately, John Alepous of Greece finished no higher than fifth and missed out on all the freebies.

No matter where you finish in the Expo 10,000, you get a T-shirt. No free shaves, though.



15TH ANNUAL NEWS-SENTINEL
 Expo 10,000
 Knoxville, Tennessee

The Way We All Finished

KTC MEMBERSHIP APPLICATION

Name(s) _____ Birthday _____

Address _____

City _____ State _____ Zip _____

Business Affiliation _____ Business Phone _____ Home Phone _____

Age _____ Sex _____ New Member _____ Renewal _____

Dues: Individual Membership (\$15.00) Family (\$20.00) Student (High School and younger) (\$10.00) Marathon Club (\$26.00)
 Ultra Club (\$50.00) Century Club (\$100.00)

Send application and dues to: Tom Ranz
 8937 Shallowford Rd.
 Knoxville, Tn. 37923

JOIN THE KNOXVILLE TRACK CLUB

The KTC meetings and races are open to anyone who is interested in physical fitness through running. Membership includes the newsletter, monthly business meetings, four program meetings and the annual picnic. To join the KTC, fill out this application and send it with the appropriate dues fee to the address indicated.



KNOXVILLE TRACK CLUB

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